

## OUTBACK PROGRAM GUIDELINES AND SAFETY PROCEDURES

The following section explains the procedures by which we hope to ensure a great yet safe time for everyone using the Outback. Your staff must read the following procedures and sign the enclosed sign-off sheet.



### SUPERVISION OF WATERFRONT ACTIVITIES - OUTBACK POND

**Swimmer Eligibility** - All campers must have adequate swimming ability verified by acting Aquatic Director/Lifeguard to be in or on the water at the Pond.

#### Camper/Lifeguard Supervision Ratio

Aquatic Director means a person over 18 years of age who is present and supervising any waterfront activity involving 10 or more persons within the camp. Must be a currently Red Cross Water certified lifeguard and waterfront trained, Boy Scouts of America National Aquatic Instructor or have equivalent certification as determined by the Health Division, and has CPR and First Aid Certification.

- There shall be at least one Aquatic Director for the first 25 persons in or on the water. An overall ratio of one staff observer for every 10 persons in or on the water shall be maintained. Additional lifeguards (can be under 18 years of age) must supervise each additional 25 swimmers.
- Lifesaving equipment is present at each location.

#### Safety Regulations

1. Lifeguards shall be positioned on lifeguard towers or near rescue equipment at all times when there are persons in the water.
2. Pushing people off the raft or docks or playing "King of the Raft" is not permitted.
3. Fishing is not allowed in the swimming area while swimming is in progress.
4. Personal Floatation Devices shall be worn by each person whenever a rowboat is in use. These are provided at the Outback Pond.
5. A "Buddy System" must be implemented by the Lifeguard. At least every ½ hour the Lifeguard(s) will blow a whistle, swimmers will pair up or "Buddy Up", ensuring that all participants are accounted for.
6. Swimmers are not permitted in the Zip Line area while Zip Line is in use.
7. An adult supervisor trained in the operation of the Zip Line by The Outback Staff is required for operation. Use of the Line is limited to one participant at a time and only after the drop zone is completely clear. No other previous participants shall remain in the water. Participants have a "GO" signal when the Zip Line supervisor gives them a clear signal.
8. Zip Line participants must let go when given the "DROP" signal upon entering the deep water. Zip Line participants must leave the Lake at designated exit.

### EMERGENCY PROCEDURES FOR ALL WATERFRONT ACTIVITIES

In the case of a waterfront emergency:

- Furnish immediate emergency attention and required care to person(s) in need.
- Ensure evacuation from the water and removal from the area of all other persons.
- Contact your Camp Director and The Outback Staff.



**DISC GOLF COURSE GUIDELINES** - The Course is designed for children age 8 years to adult. An adult staff shall be on site for participants. A ratio of 1 adult for every 4 participants is suggested for ages 8-12. One adult for every 8 participants for ages 13 and up. The course is designed to be played by foursomes. Before a foursome begins a hole they should check the fairway to see if it is clear of other participants.