

ROCK CLIMBING GUIDELINES - The rock climbing routes are designed for children age 8 years up to adult. In addition to the rock climbing instructor there shall be adult staff (18 years or older) on site for participants. A ratio of 1 adult for every 4 participants is required for ages 8-12. One adult for every 8 participants for ages 13 and up.

Your rock-climbing instructor must be on site to supervise all rock climbing activities for your group.

Safety Regulations

1. Only one participant is allowed on each route at a time.
2. Before another participant begins a route, routes must be clear; other participants must be spotting or placed at the base of the cliffs.
3. Extra spotters are recommended on each side of the participant as he/she travels up the cliffs.
4. Those participants that are not climbing must remain off the cliffs, seated behind and downhill from the cliffs.
5. Shoes must be worn on the course. Sandals, barefeet and swimsuits are not allowed. Long pants are highly recommended.
6. All climbing gear is to be checked and double-checked. **Helmets must be worn.**

ARCHERY RANGE GUIDELINES



The Archery Range is designed for children age's 8 years up to adult. A ratio of 1 adult (18 years or older) for every 4 participants is required for ages 8-12. The ratio for ages 13 and older is one adult for every 8 participants. The use of the range requires a documented archery instructor.

Safety Regulations

1. A maximum of 6 archers is permitted at the shooting station at a time.
2. All participants not shooting must remain behind the secondary station boundary lines at all times.
3. Designated Archers must enter and remain in the shooting station boundary while firing their arrows.
4. Archers are directed to "PICK UP YOUR BOWS."
5. Archers are then directed to "BEGIN FIRING."
6. Archers must remain behind the shooting station boundary until **ALL** archers have fired their arrows.
7. When **ALL** archers have finished firing all their arrows, the supervisor gives the "CEASE FIRE" command.
8. The supervisor then gives the "PUT DOWN YOUR BOWS" command.
9. Supervisor gives the "RETRIEVE YOUR ARROWS" command.
10. After archers retrieve their arrows they place their arrows back in the arrow holders for next group and exit the station. The next archers then enter the shooting station.

CHALLENGE COURSE GUIDELINES

The challenge course is designed for all ages with adult (18 years or older) supervision. A ratio of 1 adult for every 4 participants is required for ages 8-12. The ratio for ages 13 and older is one adult for every 8 participants.

Safety Regulations (Challenge Course)

1. Spotters are required on the side of the participant as they travel through each station.
2. Shoes must be worn on the course. Sandals or bare feet are not allowed.
3. Please follow station directions and do not make variations or exceptions to the directions given.